

Older People's Working Group

2.00 pm on Friday, 8 November 2019 in the Council Chamber, Civic Offices, Reading.

Page No

1. Welcome
2. Minutes
3. Matters Arising
4. Older People's Day 2019 - debrief
Fiona Price, Age UK Berkshire
5. Reading Active Consultation
Mike Hill, Leisure Net Solutions
6. Changes in TV Licensing for over 75 and Scams
Trading Standards
7. Introducing Physician Associates
Samantha Bautista, Health Education England
8. Reading adopt your street
Environmental Team, RBC
9. Current issues and suggestions for future meetings

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Reading
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The Reading Older People's Working Group

...is open to all older residents (please tell your friends, neighbours and other contacts)

...is your chance to talk to your councillors about what's important to you

...includes presentations on topics requested by the group, and space for you to raise any current issues or concerns

Councillors on the Older People's Working Group

Councillor Khan (Chair)

Councillors Jones, Eden, Leng, Manghnani and R Williams

Meeting Dates	
For 2019	For 2020
Friday 13 th December (<i>seasonal social</i>)	Friday 14 th February
	Friday 20 th March

All meetings are from 2 til 4 pm in the Council Chamber, Civic Offices, Bridge Street, Reading RG1 2LU.

Please call us on 0118 937 2383 or email opwg@reading.gov.uk to let us know if you plan to attend.



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Meeting Title:	OLDER PEOPLE'S WORKING GROUP (DRAFT)	
Date:	Friday 6 th September 2019	
Time:	2 - 4 pm	
Location:	Council Chamber	
Chaired by:	Cllr Gul Khan	
Attendees:		
Cllr Micky Leng	RBC	
Cllr Rose Williams	RBC	
Janette Searle	Wellbeing Team, RBC	
Nina Crispin	Wellbeing Team, RBC	
John Walford		
Alan Edgar	Thames Valley Pensioners Convention	
Douglas Dean	Thames Valley Pensioners Convention	
James Penn	South Reading Patient Voice	
Bridget Chubb	Firtree	
Ginny and Graham England	Grovelands Walking Group	
Laurence Napier-Peele		
Janice Scruby	Firtree	
Caroline Langdon		
Colin Ferguson	Firtree	
Pearl Gibson		
Ann Coddington		
Barbara Hobbs	Grovelands Walking Group	
Marrion Huggins		
Brenda Jenkins	Pegasus Court / MacMillan Cancer Support	
Michael Health		
Kevin Hood	Depression Expression	
Mark Drukker		
Gladys Rofani		
Patience Odunsi		
Jean Boustead		
Mohini Batra	Readibus	

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Elaine Jalland	
P Cudjoe	
Lilian Clifford	
Diane Hiles	Oddfellows Society
Valerie White	
Sue Winyard	Engage Befriending
Jose Cook	
Gordon Summers	
Anita Holbeche	
Apologies:	
Fiona Price	Age UK Berkshire
Cllr Helen Manghnani	RBC
Tony Hall	Thames Valley Pensioners Convention
Joan Walker	NHSRF

Item
1/2 Welcome and minutes of last meeting on 21st June 2019
Cllr Gul Khan

The minutes of the meeting on 21st June 2019 were approved.

The approved minutes from the OPWG meetings are available from the Older People's Working Group page on the RBC website at:

<http://www.reading.gov.uk/opwg>

3. Matters arising from last meeting on 21st June 2019

- No matters arising.

4. **Public Health England - Pharmacy Campaign**
Carol Trower, Pharmacy Thames Valley

Please double click on the image below to download and view the presentation:



Community Pharmacy – THE location for all health needs

Carol Trower
Chief Executive Officer
Pharmacy Thames Valley



Plea - do not order medicines that are not needed.

BY next April 2020, every pharmacy will have to be a healthy living pharmacy - offering signposting to available local services.

Public Health England Campaigns:

- Antibiotics resistance
- Stop smoking
- Flu campaign
- Oral health
- Help us help you - use pharmacy as first point of call without going to GP surgery

There's also a TV campaign currently running about going to see your pharmacy first.

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NHS pays pharmacies a fee to deliver prescriptions. If a person doesn't need a prescription, this saves the NHS money.

Community Pharmacy consultation - From 29th October - 111 - will refer to a pharmacy for assistance.

Flu vaccination is a public health intervention paid by the NHS.

£20m were wasted medicines per year - Berkshire and Oxfordshire.

QUESTIONS & ANSWERS / COMMENTS

Q1 If pharmacists are qualified, can they give prescriptions?

A1 For most prescriptions, you have to go to your GP.

Q2 Instead of statin, prescription twice a year as a substitute, is it coming to Berkshire soon?

A2 This is not coming to Berkshire soon

Q3 There are concerns over the extended role of pharmacies - lack of preparedness for giving advice for patients who have picked up some illnesses - e.g. Lyme disease, TB. There is also an ongoing issue of routine disappearance of stock for prescription only medicine.

TB is not a specialised area for pharmacies.

Lyme Disease is much more in the news but pharmacies need more information.

A3 Stocking of medicines is a national issue. Partly due to the exchange rate and other issues often out of the control of pharmacies.

Pharmacies spend a lot of time to chase after manufacturers and get enough stocks.

Q4 It is up to me to check that I don't need a prescription? Some pharmacists don't pass information on. Can pharmacists prescribe vitamins?

Vitamins - yes, pharmacists can advise on vitamins.

Pharmacists should always check if what you have is what you want.

A4 If pharmacies dispense a medicine and if you have not left the premises, you can hand the medicine back. If you have left the premises, you can't return the medicine back.

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- Q5 Have NHS got a contract with the manufacturers for medicines? Or is it pharmacies?
A5 The Medicines and Healthcare products Regulatory Agency (MHRA) licences the medicines. Manufacturers produce medicines which are sold to wholesalers - pharmacies buy from wholesalers.
- Q6 Can NHS reduce the price of medicines?
A6 No - wholesalers can't change the price of medicines - only the government can do that.

5. Local Transport Plan Consultation
James Turner, Transport Planning, RBC

Please double click on the image below to download and view the presentation:

Reading Transport Strategy 2036

UNDER PEOPLE'S WORKING GROUP

James Turner, Transport Planner

11 September 2019



Statutory to deliver a local transport strategy -

The initial consultation is a visioning exercise to find out from

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residents and people who travel in and out of Reading their views to inform the strategy.

To date, we have 2000 responses and expect a few more until the end of the consultation on 20th September.

QUESTIONS AND ANSWERS / COMMENTS

- Q1** Will the results of the consultation be published?
A1 We will be able to publish them. Nothing contentious as it is ratings what priorities are and options.
- Q2** In previous consultations in other LA's views from people have not been acted upon.
A2 This consultation is a visioning exercise before writing the strategy. The consultation on the strategy is statutory and part of the formal process. The details of the scheme will be part of the formal consultation next year.
- Q3** This consultation is biased toward cycling, there's not much about walking.
A3 Cyclists and pedestrians can share facilities and we will try and reflect that in the strategy.
- Q4** Cyclists don't take notice of pedestrians.
A4 This is coming through in the consultation and will be reflected in the strategy.
- Q5** Bus routes in Caversham - there is a gap and no information on where bus should stop.
A5 We have met with bus company and people have expressed their concerns and issues connected with the buses. This will be reflected and there will be a review of where bus stops are in the town centre.
- Q6** Who is responsible for cyclists in Reading?
A6 We can invite someone from the cycling club in Reading to have a discussion of what can be done.

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Congestion in Reading and air quality in Reading is an issue.

Q7 Electric cars are a government strategy. Is RBC looking at innovative and creative ideas to look at ways we make travel cleaner greener solutions?

A7 If we swap all cars for electric cars, not resolve issue of congestion. Not the solution to the transport for the future. We are looking at different options which will be included in the strategy.

Q8 Buses in Friar Street are operated by Courtney Buses and Thames Street - they leave their engines running when at the bus stops.

A8 We will take that back to those operators.

People need to change their behaviours and this starts with educating the children.

Agree.

Q9 Third party insurance - could this be extended to everybody including cyclists?

A9 It's not within our remit to change national regulations but we can try and influence how best people can share space.

6.

Public Health Campaign - Flu Jabs
David Munday, Public Health Consultant, RBC

Please double click on the image below to download and view the presentation:



Vaccinations are changed each year to make sure it contains enough to fight the most predominant strain of flu for that year/winter.

Flu hits in slightly different times each year.

For Adults - injection can't give flu but gives the immune system readiness to defend itself when the virus appears.
Children - nasal spray

Anyone aged over 65 is eligible for flu vaccine - from Pharmacy and GP surgeries.

In Berkshire, vaccines have been delivered and are ready to use.

QUESTIONS AND ANSWERS / COMMENTS

- Q1** After Brexit, will there be flu vaccines?
A1 Flu vaccinations will be in the country before the Brexit date.
- Q2** How are the flu strains in UK?
A2 They are mainly due to movement of people and animals.
- Q3** Is flu by contact?
A3 Yes - it is transmitted by respiratory droplets.
- Q4** Could there be a reoccurrence of the Spanish flu?
A4 It's impossible to say - but because of the vaccinations and better understanding of what actually happens and of viral treatment, better equipped to deal

7.

Winterwatch
Richard Lewis, RBC

Please double click on the image below to download and view the presentation:



QUESTIONS AND ANSWERS / COMMENTS

- Q1 Can insulation in lofts go out of date?
A1 Not sure - but it should last a long time - please come and see me to arrange to check.
- Q2 Need to be more vocal about scams and that people will come and try and sell new products
A2 If in any doubt, please call us and we can check and give you advice.
Winterwatch signs will be displayed in Pharmacies / GPs - happy to give talks in church groups / community groups.

8. Current issues and suggestions for future meetings
Cllr Gul Khan

Current issues:

Thames Valley pensioners - on average women get 39.5% less pension income than men. A paper was distributed to all in attendance to give more details about the causes of the issue. Petition to take action to tackle gender equality in pensions: Petition number 261267.
Petition is online also.

Heritage open days - co-hosted by RBC - historic places will be open during September.

Older People's Day 2019 - planning meeting dates

Broad Street Mall - Monday 30th September 2019 - 10 am to 3 pm.

Thursday 19th September - 1:00pm-3:00pm - 3rd Floor, Central Library, Abbey Square, Reading RG1 3BQ

Suggestions for future meetings:

- Changes in TV licences over 65
- Scams awareness
- Recycling and waste management
- Highways

NEXT MEETING DATE:

Friday 8th November 2019, 2 - 4 pm
Council Chamber, Civic Centre, Reading RG1 2LU

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